

**SUPPLEMENTARY 1**

**HEALTH SCRUTINY COMMITTEE**

**Wednesday, 24 May 2023**

**Agenda Item 5. Mental Health Transformation Programme Update -  
One Year On (Pages 1 - 11)**

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## HEALTH SCRUTINY COMMITTEE

24 May 2023

<b>Title:</b> Mental Health Transformation Programme Update – One Year On	
<b>Report of the Integrated Care Director (Barking &amp; Dagenham) at NELFT</b>	
<b>Open Report</b>	<b>For Information</b>
<b>Wards Affected:</b> All	<b>Key Decision:</b> No
<b>Report Author:</b> Melody Williams, Integrated Care Director (Barking & Dagenham) at NELFT	<b>Contact Details:</b> E-mail: <a href="mailto:melody.williams@nelft.nhs.uk">melody.williams@nelft.nhs.uk</a>
<b>Accountable Strategic Leadership Director:</b> Melody Williams, Integrated Care Director (Barking & Dagenham) at NELFT	
<p><b>Summary</b></p> <p>Nationally, mental health has been a focus over previous years. During the Covid-19 period, there was a significant increase in mental health focus and in particular, the relationship between lockdown, social stressors, the cost-of-living crisis, isolation and increasing trends around domestic violence and safeguarding concerns.</p> <p>Previously, NELFT has presented on the matter of what the Trust is doing in relation to transforming community mental health services (minute 3, 30 June 2021 refers). This item provides an update to the Health Scrutiny Committee on the progress of the Barking and Dagenham Community Mental Health Transformation Programme.</p>	
<p><b>Recommendation(s)</b></p> <p>The Health Scrutiny Committee is recommended to note the attached presentation and progress to date in achieving the aims of the transformation programme. Following the presentation, the Committee is recommended to discuss any issues that need further exploration with the NELFT representative.</p>	
<p><b>Reason(s)</b></p> <p>The themes in this item relate to the Council's priority of Prevention, Independence and Resilience.</p>	

**Public Background Papers Used in the Preparation of the Report:** None

**List of appendices:**

- Appendix 1: Barking & Dagenham Adult Mental Health Transformation Programme Update for HSC May 2023

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Barking & Dagenham  
Adult Mental Health Transformation  
Programme update for HSC  
May 2023

Melody Williams – Integrated Care  
Director for Barking & Dagenham  
NELFT



NHS England have drawn up a new framework for community mental health care and have increased funding for adult and older adult services, in return, they want a new model where...

“people with mental health problems will be enabled to manage their condition or move towards individualised recovery on their own terms, surrounded by their families, carers and social networks, and supported in their local community”.

Nelft has engaged in development of new **Mental Health & Wellness Teams – commitment to rollout over 3 years.** These teams will over time, replace the current Access and Community Recovery Teams.

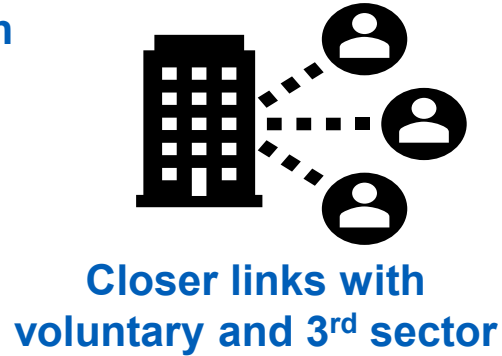
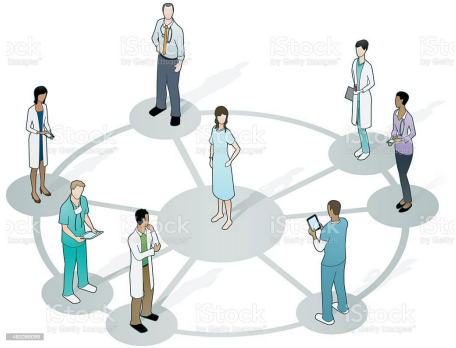
The changes aim to bring about both structural and cultural change with staff joining the new teams who will receive training in additional skills like Open Dialogue and Trauma Informed Care.

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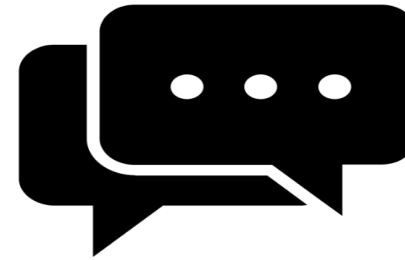
## Background to the change.....

# Vision and principles of the Mental Health & Wellness Teams

## A Person-Centred Approach



Closer links with voluntary and 3<sup>rd</sup> sector



Replacement for Care Programme Approach (CPA)

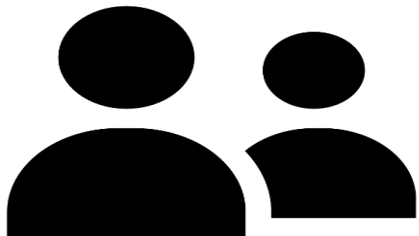


Co-production with service users representation

Needs based care and assessment – and trauma informed



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Every person to have a named worker

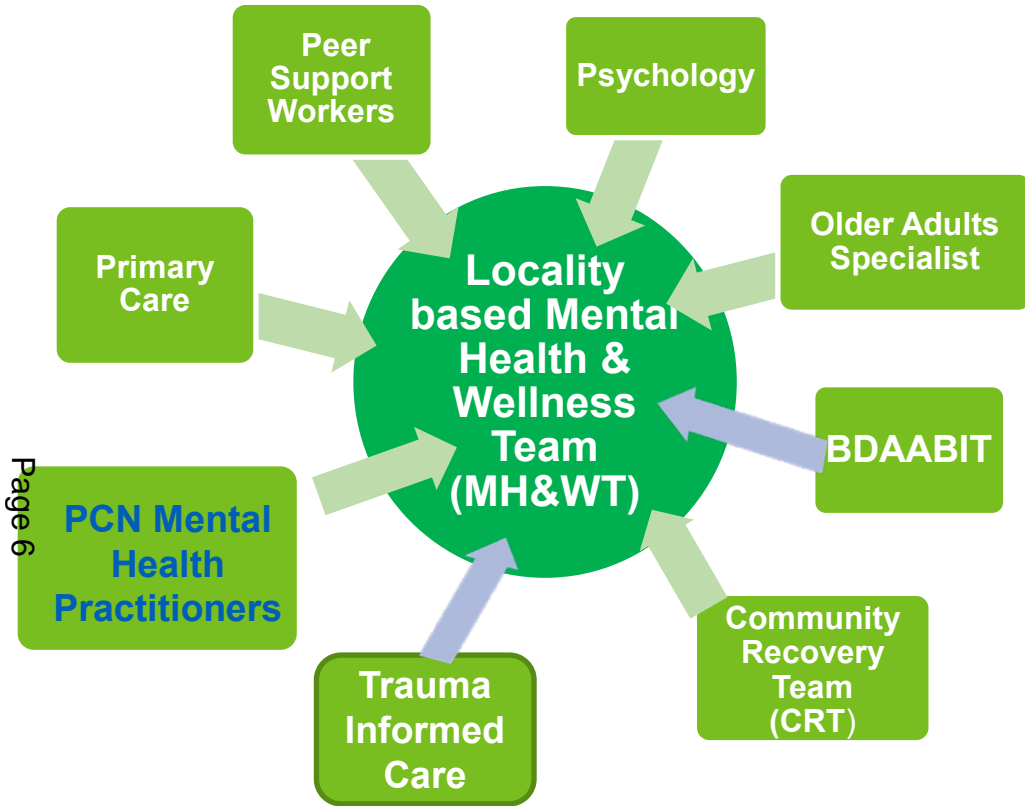
Addressing physical health needs of service users



Best care by the best people

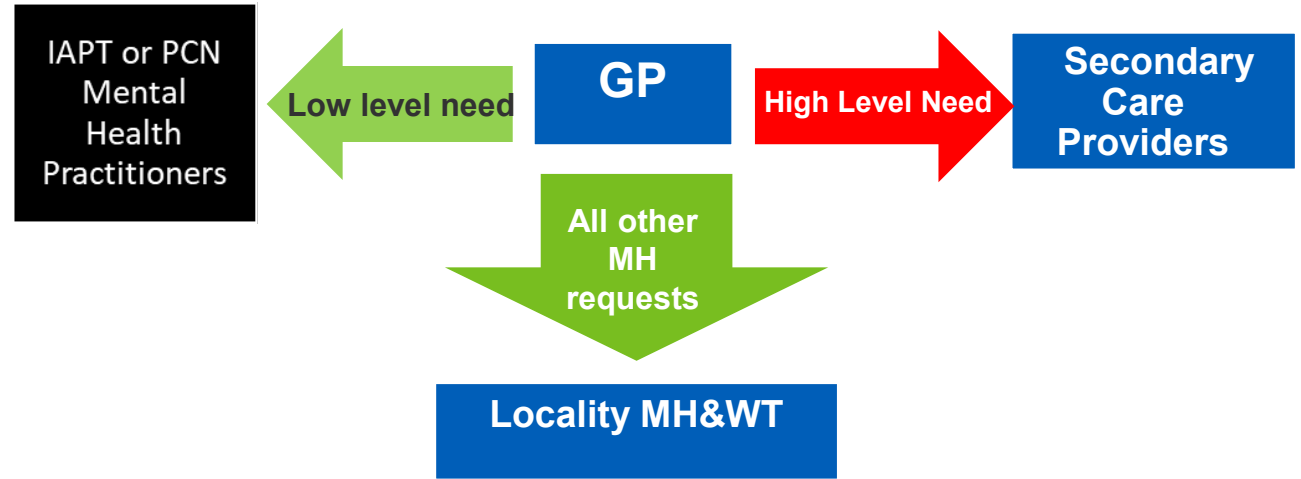


# Vision and principles of the Mental Health & Wellness Teams (MH&WTs)

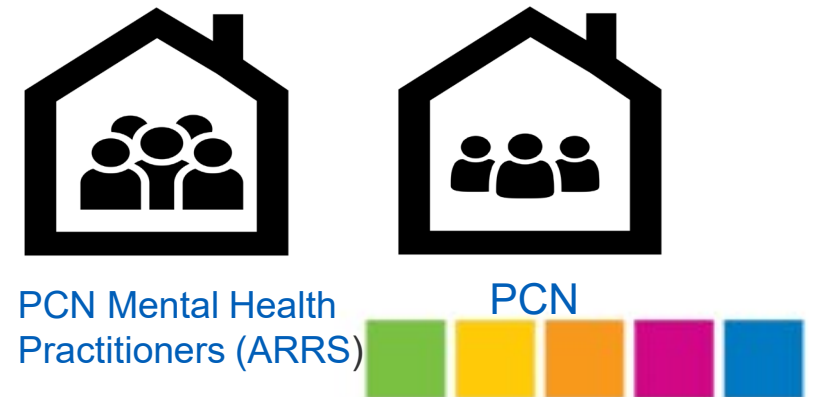


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## IAPT or Primary Care Network (PCN) Mental Health Practitioners

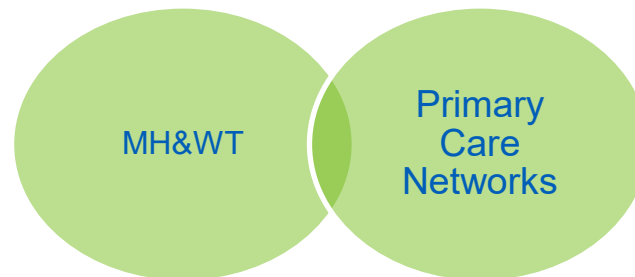


## Collaboration with PCNs for Mental Health Practitioners



All resource, where possible, in the x3 MH&WTs

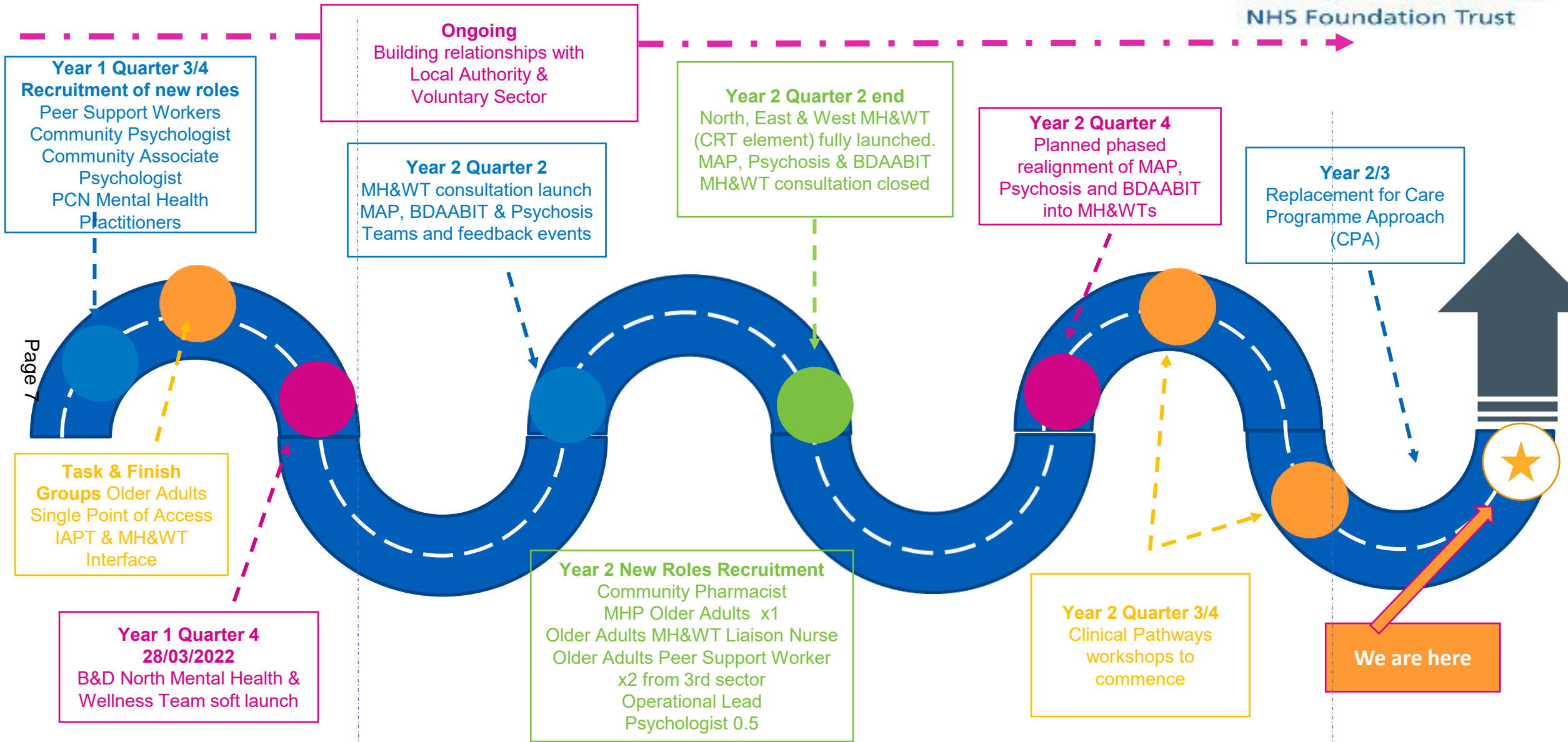
## MH&WTs aligned to PCNs



Best care by the best people



# Transformation Year 2 - update



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# Barking & Dagenham Mental Health & Wellness Teams (MH&WTs) May 2023 position

## Progress to date

- Barking & Dagenham North, East & West Teams (MH&WTs) all established.
- Revised caseloads for those patients under Care Programme Approach (CPA) element, staff allocated to patients on a locality basis to support and maximise capacity and engagement
- Operational and Clinical Leads recruited in each MH&WT to support improvements in the quality agenda.
- Peer Support Worker (PSW) role in place and embedded into the MH&WTs; these staff are employed by MIND.
- Other new roles recruited to: growing our own workforce to include family intervention worker, Young Adult worker (18-25), Clinical Associate Psychologists (CAP)
- PCN Mental Health Practitioners (MHP's) in post in 5 PCNs. 6<sup>th</sup> due to start June 2023. Recruitment has been done in collaboration with PCN Directors. Monthly meetings held with PCN managers and MHPs with good engagement. Collaborating with Talking Therapy service whilst establishing PCN MHP role & MH&WTs.
- Team members being trained in different approaches and modalities e.g. Trauma Informed Care training & Open dialogue.
- Introduced 'point of care testing' to support more physical health monitoring
- Engagement continues with voluntary/3rd sector - BD Collective, Social Prescribers, local authority at B&D Locality Systems Steering Group. Systems analysis project work occurring with BD Collective.
- Co-production - service user reps engaged at the locality Steering Group and Trust wide Task & Finish groups.

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# Barking & Dagenham Mental Health & Wellness Teams (MH&WTs) May 2023 position

## Next Steps

- Develop and roll out a replacement for Care Programme Approach (CPA) to be established and rolled out into the MH&WTs (nationally CPA is being replaced with locally developed models – so more flexibility of approaches).
- Training on outcome measures to measure success and progress.
- Pathway development with Primary care including improved discharge planning.
- Continue to grow our own workforce, including internationally educated workforce to match our diversity requirements.
- Develop the service offer for young adults through co-production (embed the young adults network to support this)
- Embed new process for access to psychological groups and 1:1 therapy as part of specialist pathways within the MHWT's
- Develop more peer support workers across the life-course
- Develop and Implement a NELFT Adult Mental Health clinical strategy

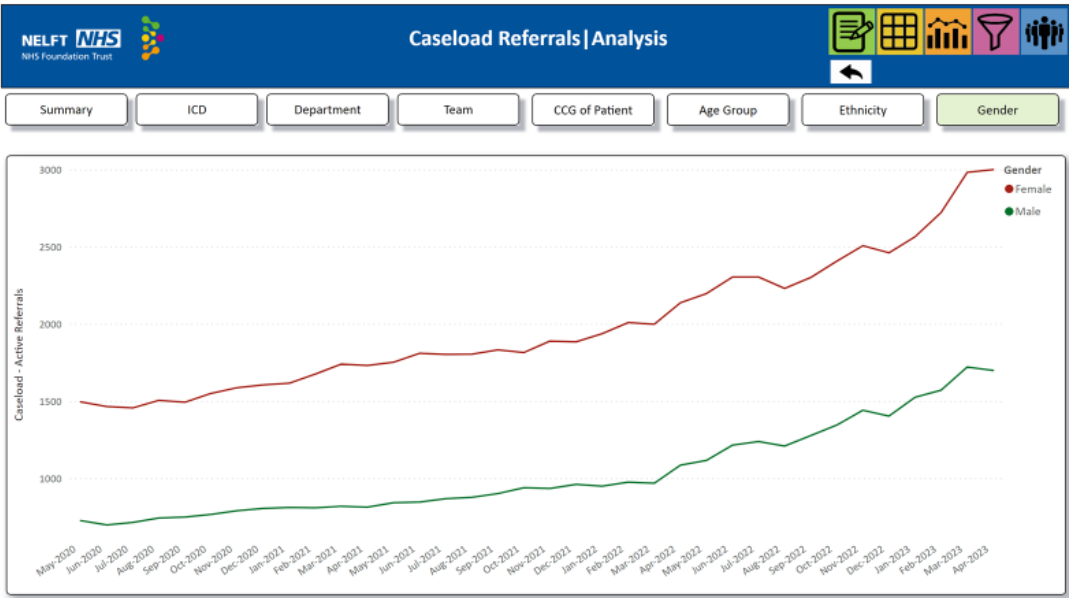
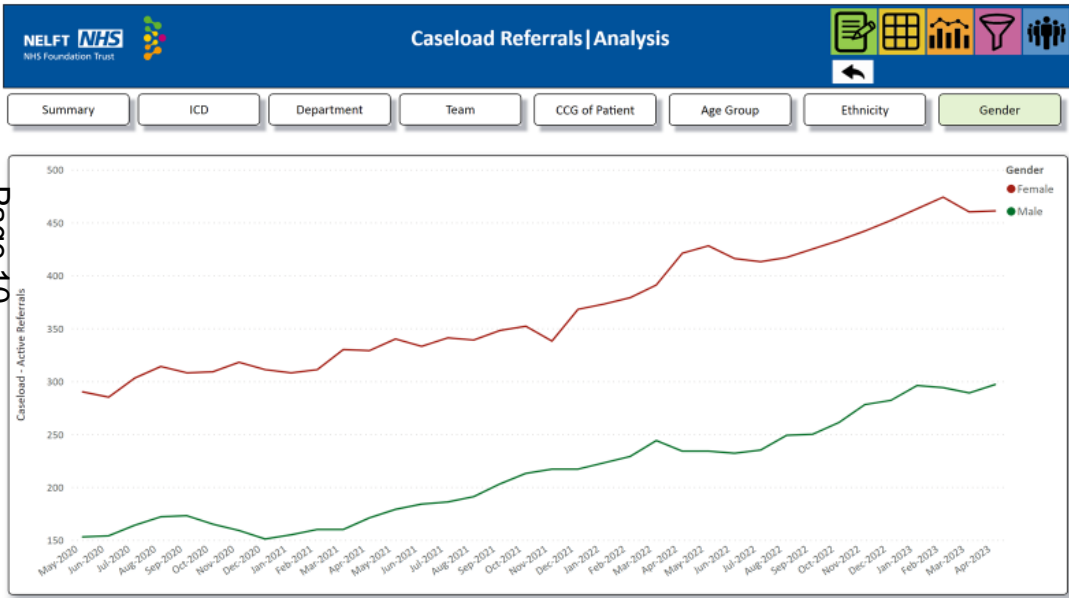


# All of this whilst demand increases.....

- Older adults caseload

- Adults Caseload

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# Any questions



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